



And whoever saves a life – it is as if he has saved mankind entirely.
(Surah Al-Ma'idah, Verse 32)

National Blood Crisis

January marks National Blood Donor month and, coincidentally, the American Red Cross is facing a national blood crisis – its worst blood shortage in over a decade, posing a concerning risk to patient care.

As of this week, the Red Cross had less than a one-day supply of the most-needed blood types. Blood shortages forced the Los Angeles County Department of Health Services to shut down one of its trauma centers to new patients for several hours earlier this week.

The Muslim Community is urged to schedule an appointment by using the [Red Cross Blood Donor App](#), visiting [RedCrossBlood.org](#) or calling **1-800-RED CROSS (1-800-733-2767)**.

Only volunteer donors can fulfill the need for patients in our community. To thank donors for helping during a time when the Red Cross blood supply is at historically low levels, those who come to give Jan. 1-31, 2022, will automatically be entered to win two tickets to Super Bowl LVI in Los Angeles, California!

Almost every two seconds, a patient in the United States needs a blood transfusion¹. With such dangerously low blood supplies, doctors are forced to make difficult decisions about who gets blood transfusions and who doesn't. We urge the community to this calling to save a life.

Read more about this blood shortage at: <https://www.redcrossblood.org/donate-blood/dlp/red-cross-national-blood-shortage-crisis.html>

Donating Blood and Impact of COVID

There is no blood donation waiting period for those who are vaccinated² as well as those who are fully recovered from Covid-19.

Blood donors must be in good health and symptom-free for at least 14 days from last day of Covid-19 symptoms³.

1. According to Dr. Ross Herron, divisional chief medical officer for the American Red Cross. https://www.latimes.com/science/story/2022-01-12/national-blood-shortage-how-to-donate?_amp=true
2. Vaccinated with Moderna, Pfizer or Johnson & Johnson COVID-19 vaccine or booster, so long as they are symptom-free
3. Donating with flu symptoms <https://amp.cnn.com/cnn/2022/01/12/health/red-cross-blood-shortage-wellness/index.html>

